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## Agenda

- What is the "Golden Hour?"
- Four Things You Need To Make the Most of Your Golden Hour
  - 1. Situational Awareness
  - 2. Assessment Process
  - 3. Know your "feeders"
  - 4. Exercise, exercise, exercise
- Wild Card
- Homework Assignment







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## Depends on Who You Ask

 If you are a photographer, it is the period shortly after sunrise or before sunset during which daylight is redder and softer than when the sun is higher in the sky









### In Trauma



 The golden hour refers to the period of time following a traumatic injury during which there is the highest likelihood that prompt medical and surgical treatment will prevent death

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## R. Adams Cowley MD

- Dr. Cowley, the pioneer of this concept and the "Father of Trauma Medicine," is known for:
  - Creating the first trauma center (1958)
  - Being a leader in the use of helicopters for medical evacuations of civilians (1969)
  - Founding the nation's first statewide EMS system and the National Study Center for Trauma and EMS (1972)
  - Being one of the first surgeons to perform open heart surgery









"There is a golden hour between life and death. If you are critically injured, you have less than 60 minutes to survive. You might not die right then; it may be three days or two weeks later — but something has happened in your body that is irreparable."

R Adams Cowley, MD

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## Dr. Cowley's Definition Applies to a Crisis

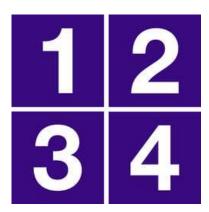
 What you do in those first few moments, minutes and first hour will lay down the foundation to your response...and may make the difference between an incident and a real crisis







## Four Things You Need



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## Four Things You Need

- What do you need to make the most of your Golden Hour? There are four things that are essential to make the most of the Golden Hour:
  - 1. Situational Awareness
  - 2. A comprehensive assessment process
  - 3. Know your "feeders" and include them in the crisis management program
  - 4. Exercises that test it all





# Situational Awareness Required to Manage a Crisis



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### **Definition**

- Situational Awareness is the ability to identify, process, and comprehend the critical elements of information regarding an incident
  - It's knowing what is going on around you
- Situational awareness requires two distinct activities:
  - Collect: Observe, acquire and compile the information
  - Process: Assess the information and orient yourself to the possible impacts







## Colonel John Boyd and the OODA Loop



- Colonel John Boyd was a remarkable individual in American military history
- He developed the O.O.D.A. (observe, orient, decide, and act) concept, which is the inherent decision-making process that every individual performs
- He taught pilots the OODA Loop, which helped them to quickly adapt to rapidly changing situations
  - At the heart of the OODA loop is situational awareness
     just like your crisis management team

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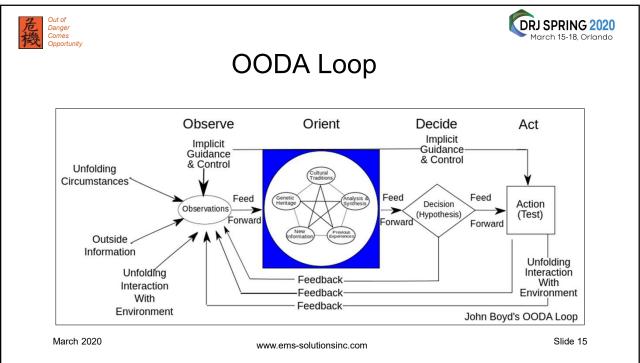




#### Observe - Orient - Decide - Act

- Observe While approximately 80% of the information we receive comes from our sense of sight, we can and do make observations with our other senses. For instance, you might hear a gunshot and not see the person who fired it.
- Orient Once you look and see the source of the gunfire, you are now orienting yourself. You are now focusing your attention on what you have just observed.
- Decide You have to make a decision on what to do about what you have just observed and what caused you to focus your attention on the incident.
- Act Once you have made a decision, you need to do something.











#### Situational Awareness

- · Gather "situational awareness"
  - What do you know?
  - What or who is impacted?
    - Are employees affected (injured, deaths)?
    - Are customers, visitors, or vendors affected?
    - Which facilities are impacted?
    - Are there impacts to the organization's technology assets?
    - Are there impacts to critical business processes?
    - What about impacts to the organization's brand and reputation?
  - Could this get worse? What are the forecasts, expectations?







## Drinking Out of a Fire Hose

- How do you manage all the information? Carefully and hopefully with a plan and tools that have been thought out and practiced in advance.
- You need to consider these questions :
  - Who are your information sources, where do you find them and who do you trust?
  - How do you assess the information?
  - How can you validate the information?
  - How do you display it in a meaningful way so that decision makers can take in the information, make decisions and then act?

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## **Gather and Verify Information**







#### **Internal Sources**

- Internal sources: Available only to your organization and is from within the organization
- There are two types of information sources within organizations: formal and informal

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#### Formal Internal Sources

- Formal information sources are well-established groups with a clear mission. A classic example in a company are command or operations centers. Many organizations have 24-hour command centers for a variety of different functions:
  - Security Operations Centers (SOC)
  - Network Operations Centers (NOC)
  - Supply Chain Monitoring
  - Customer Service Centers servicing your customers
  - Employee Hotlines receiving information, often confidentially, from employees
  - Claims Centers
  - Customer hotlines







#### Informal Internal Sources

- Within a business environment, *informal communication* is sometimes called the grapevine and might come from conversations, electronic mails, text messages and phone calls between socializing employees
  - Information that is shared on 'the grapevine' travels quickly, facts may be wrong or distorted, which can lead to the rapid spread of false rumors
- Informal communication methods have no principle structure and obey no 'rules' - it goes randomly from one topic to another; it can be accurate or perhaps not
- The risk with informal communication is that false information can be easily spread

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## **Primary External Information Sources**

- Primary external sources can be entities such emergency responders or government agencies and other verified external providers.
  - Local Fire, Police or Emergency Medical Services (EMS)
  - Federal government agencies such as FBI, Department of Homeland Security (DHS) or United States Cyber Command
  - State Office of Emergency Services (OES)
  - County OES
  - Global Risk Data providers
  - Geographic information systems (GIS) modeling
  - Global medical information
  - Weather information
  - Real time employee travel data







## Secondary External Information Sources

- A secondary source of information is one that was created later by someone who likely did not experience first-hand or participate in the events. The internet has mounds of information available – but that doesn't mean it is accurate. You do, however, need to carefully review and validate the information.
  - News sites (E.g. New York Times, Wall Street Journal, Bloomberg News)
  - Social media (E.g. Facebook, Twitter, LinkedIn, Instagram)
  - Chat rooms that follow your industry
  - Blogs (E.g. Brian Krebs for information/cyber security)
  - Websites that review organizations (E.g. GlassDoor)
  - Sites that specifically follow your organization or business

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## As you Gather So Must You Verify

- · When you get any data, how do you know if it is accurate?
  - Use reliable sources
  - Use multiple sources
  - Compare notes and sources to verify the accuracy of information
- Even with verifying, the information still could change or be proven inaccurate over time
  - Use reliable methods to validate and if later found wrong, advise leaders and adjust strategic and tactical plans as necessary







#### Your Task

- Determine your sources now
  - Internal and external
- Decide your tools and processes for validation
- Develop effective ways to display the information so that leaders can use it to make decisions

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#### Who? And What?

- Who... comes together when an incident occurs?
- Who... makes the decision to activate plans and teams?
- What... is the criteria that they use?
  - Is this documented?
  - Is it practiced?



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## Incident Assessment Team (IAT)

- Determine who should be on the team
- Team's responsibilities:
  - Conduct initial assessment
  - Review the criteria and escalation strategies for plan activation
  - Determine whether to activate plan
    - Note: Any of the members can activate the plan and the team
- Communication:
  - Determine how the team learns of an incident
  - How and where they convene







#### Situational Awareness

- · First, gather "situational awareness"
  - What do you know?
  - What is impacted?
    - Are employees injured?
    - Are customers, visitors, or vendors affected?
    - Which facility? Other locations?
    - Are there impacts to the business?
    - What about impacts to the organization's reputation?
  - What is the effect of the incident?

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#### **Initial Discussion**

- What type of event is it?
  - Local event? Example: Limited power outage, fire
  - Regional event? Example: Flooding, earthquake
  - National event? Example: 9/11
  - International? Example: Tsunami, flooding, typhoons







## Assessment Criteria – Five Things

- **People**: Are lives in danger? Is there a life safety issue? Is there an impact to your employees, customers, vendors, or visitors?
- Facilities/Critical infrastructure: Is a facility or critical infrastructure component at risk?
- **Technology**: Is there a disruption of technology services (e.g., telecom, network, data center)? Is there an information security issue?
- **Business Operations**: Are you able to perform your time-sensitive / mission-critical business activities? Does the event impact your customers? Does the situation have a significant financial impact to the company?
- Company or facility reputation/brand/mission-critical activities: Does the event have an impact on the organization's reputation? Does the situation significantly impact customers or employees?

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#### Incident Levels - Shorthand

Incident Level	Impact	Example
Level 4 Minor Impact	Minor	Isolated medical incident     Small water leak     Isolated physical security incident
Level 3 Limited Impact	Limited	Small fire, very limited damage     Unexpected short-term power outage     Multiple injuries     Physical security incident, minor business impact     IT disruption affecting some areas
Level 2 Moderate Impact	Moderate to Severe	Inability to perform some critical business functions     Impact to a company facility     IT disruption affecting multiple business units     Hazardous material spill in critical area or outside the building     Terrorism affecting region
Level 1 Major Impact	Major	Bomb/explosion     Catastrophic fire     Major earthquake     Major cyberattack resulting in major impacts to business     Active shooter







- Review situational Assessment Process
- What is the severity level?
- · Review the criteria. Does the incident meet activation criteria?
  - If yes:
    - Activate the Crisis Management Plan (CMP)
    - Activate the Emergency Operations Center (EOC)
      - o Determine if it should be in the primary or secondary location, or if it should be a virtual EOC or both
    - Once the team is activated, the IAT folds into the Crisis Management Team
    - Inform the Executive Crisis Management Team
  - If no:
    - Should the situation be monitored?
      - If yes, determine who on the IAT is in charge of monitoring, when the next briefing will be, and where will it be held
      - o If no, follow up using standard business practices

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### "Feeders"









#### So What is a Feeder?

- Great question!
- There are two ways we look at that:
  - Every location
  - Where are your issues likely to come from and do they already have a process? Examples:
    - · Security Operations Center
    - · Network Operations Center
    - · Info Sec Team

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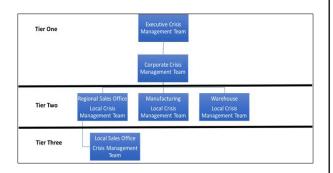
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#### **Tiers**

- We look at all of your locations and divide them into tiers.
  - Every tier has a crisis management team and incident assessment process
  - Tier one has everything
  - Tier two has less
  - Tier three may just have a few people and a one-page plan



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## The Key

- The key thing is to make sure that the criteria for all of the possible "feeders" has a simple caveat:
  - if an issue has the potential to have impact beyond their four walls, they reach out. Examples:
    - Impact the organization's brand and reputation
    - Impact another department's ability to do critical business operations (downstream and upstream)



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#### **Cultural Shift**

- This usually requires a cultural shift in any organization
- Everybody wants to:
  - Fix it themselves
  - Hold their cards close to their chest
  - Pray that it goes away or
  - Hope nobody will hear about it
- Give people permission to report/require to report – no fault



cultural

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## The Most Important Part of Your Job

- Exercises!
- We all think we understand our plan and our role until we have to do it
- You can change behavior, deepen knowledge and experience and actually change your company with a well-designed exercise...really!







## Progress of the Exercise Experience

- Start with a simple orientation exercise
- Progress to a basic tabletop
- Then an advanced tabletop
- And maybe move to a functional exercise

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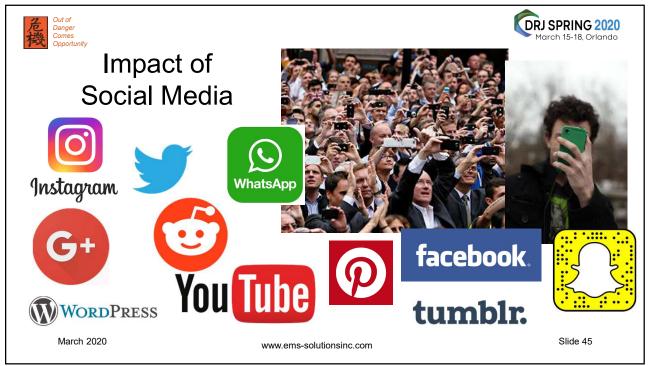


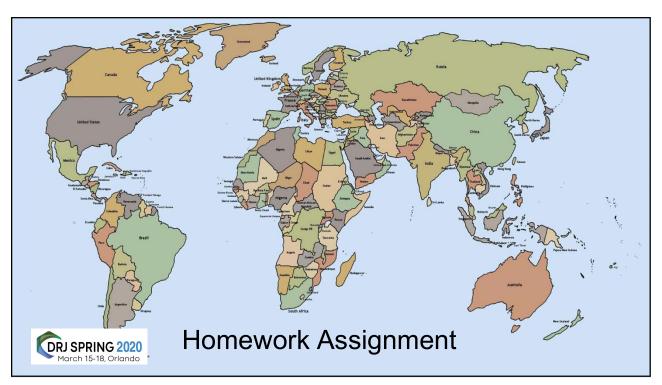


















## Homework Assignment

- Research how you are currently gaining situational awareness
- Review your incident assessment process
- · Find your feeders: Map your world
- Discover your gaps and fill them
- Practice, practice, practice...in other words exercise

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## Thank you

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